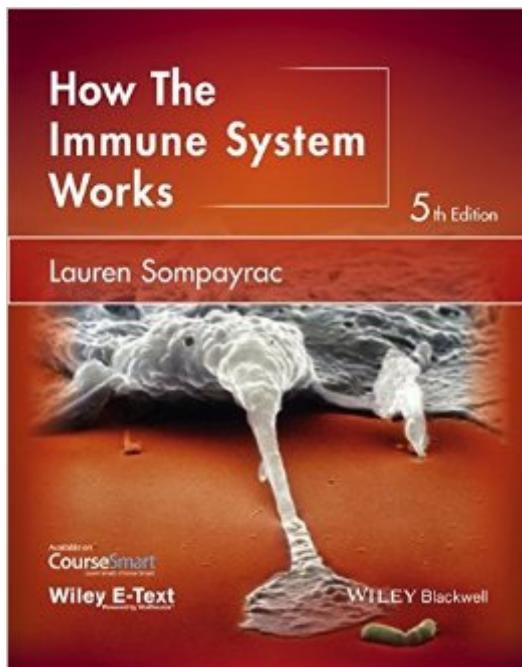


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# How The Immune System Works (The How It Works Series)



## Synopsis

How the Immune System Works has helped thousands of students understand what's in their big, thick, immunology textbooks. In his book, Dr. Sompayrac cuts through the jargon and details to reveal, in simple language, the essence of this complex subject. In fifteen easy-to-read chapters, featuring the humorous style and engaging analogies developed by Dr. Sompayrac, How the Immune System Works explains how the immune system players work together to protect us from disease – and, most importantly, why they do it this way. Rigorously updated for this fifth edition, How the Immune System Works includes the latest information on subjects such as vaccines, the immunology of AIDS, and cancer. A highlight of this edition is a new chapter on the intestinal immune system – currently one of the hottest topics in immunology. Whether you are completely new to immunology, or require a refresher, How the Immune System Works will provide you with a clear and engaging overview of this fascinating subject. But don't take our word for it! Read what students have been saying about this classic book: "What an exceptional book! It's clear you are in the hands of an expert." "Possibly the Best Small Text of All Time!" "This is a FUN book, and Lauren Sompayrac does a fantastic job of explaining the immune system using words that normal people can understand." "Hands down the best immunology book I have read... a very enjoyable read." "This is simply one of the best medical textbooks that I have ever read. Clear diagrams coupled with highly readable text make this whole subject easily understandable and engaging." Now with a brand new website at [www.wiley.com/go/sompayrac](http://www.wiley.com/go/sompayrac) featuring Powerpoint files of the images from the book

## Book Information

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## Customer Reviews

In 1998, I wrote the first edition of *How the Immune System Works* because I couldn't find a book that would give my students an overall view of the immune system. What was missing was a short book that tells, in simple language, how the immune system fits together – a book that presents the big picture of the immune system, without the jargon and the details. This, the newest edition of my little book, continues that tradition. For the fifth edition, I've updated all the lectures to include the latest information. I've also added a new lecture on the intestinal immune system. Our knowledge of how the immune system deals with the trillions of bacteria, viruses, and parasites that inhabit our intestines is still evolving. However, enough is now known to see the rough outlines of how this important arm of the immune system works. In addition to this new material, I've also made some – style changes – that I think will make the fifth edition even easier to use. For example, I've included a short "Heads Up!" section at the beginning of each lecture to alert my readers to the important topics that will be covered. Also, essential words and phrases are now highlighted in red where they first appear in the text, and a summary of important concepts is included at the end of each lecture. Although *How the Immune System Works* is used as the textbook for some immunology courses, I suspect that most students buy this book and then carry it around in a brown paper bag – so their professor won't know what they are reading in order to make sense of the lectures! Indeed, *How the Immune System Works* has become a bit of a cult book, as thousands of students have used it to help them master this difficult subject. I've been told that I even have a – fan club – on Facebook. How cool is that? I believe this fifth edition is the best one yet. I hope you will think so too.

This should be a required book in medical school. Its like the immunology medical student bible. My school didn't teach immunology very well and I read this book and everything just clicked! So easy to read and even funny. I cant praise it enough. Also its a great level of detail for a medical student. Not too big picture like for a high school student but not unnecessary crazy details for a specialist.

Heaven-sent. If I had known. If I had known... this book existed when I struggled through immunology during my first year. Sweet goodness my life would have been so much easier when I waded through those trenches of cluelessness. Seriously \*the\* best immuno book I have read for a general overview of "need-to-knows" during medical school. I could have read this text in 5-7 days

and simply sat in class and allowed my professors to reinforce information. I found this book towards the end of my immuno-micro course (3-wks at my school) and became pretty upset by how great it's written and the fact I had no idea it existed 2 weeks prior :(. I'm actually reading this the month before my step 1 study period starts to really learn immuno. Excellent Resource for Medical Students.

Absolutely, extremely helpful. I understood some of the relationships between the various components for the first time â “ and I am more or less in the field. The comparisons to "the rest of life" were fantastic although I must admit that while I had a previously acquired data understanding of what a dendritic cell is I have to go look up one more time what a football quarterback does. If the book gets another printing I would however add some of the connections that are now reasonably well-established between the immune system and neuro â “ endocrinology.

Really good read for students who feel like their heads are swimming with endless alphanumeric labels for immune system mediators, but who are struggling to make sense of it all. This book excels in explaining how the various components of the immune system interact as a whole, which is really the key to providing effective education on the immune system.

It is comprehensive book, well written about the basic in immunolgy. The language is colored with spoken expressions, making it reliving to read.

This is a really great book for someone like me just trying to understand the immune system. Vejr readable.

This is how to learn immunology. After reading this primer the other texts make more sense

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